

DAIRY BOWL ENTRY RULES

The Pennsylvania Junior Holstein Dairy Bowl Contest is scheduled for Saturday, February 7, 2026 during the Pennsylvania Junior Holstein Convention, to be held at the Doubletree, Mars, PA.

Dairy Bowl is a contest where teams of three or four members compete against each other. Competition points are awarded for correctly answering questions about the dairy industry and closely related areas.

Dairy Bowl Eligibility

- 1) Each County may enter junior age and senior age teams.
 - A. Junior age team members must be nine (9) years old the day of the contest and **must not** have reached their 16th birthday by January 1, 2026.
 - B. Senior age team members must not have reached their 21st birthday by January 1st in the year competing.
 - C. Juniors age 16 and under may be on the Senior Team, but may not compete in two divisions.
 - D. No individual may compete in the Junior Division more than twice at the National Contest.
No individual may compete in the Senior Division more than twice at the National level.
Individuals on a winning National team are not eligible to compete in that division at the state level.
 - E. Once an entrant has participated on a Senior Team, he or she is eligible for participation on a Junior team provided the entrant was not on a winning Senior team and still meets the age requirements.
 - F. A contestant cannot compete in the Dairy Bowl Contest the same year they compete in the Dairy Jeopardy Contest.
- 2) It shall be the responsibility of the team's coach to double check team member's eligibility. Any team competing with a member who does not meet eligibility rules A. thru F. shall be eliminated from the contest.
- 3) A team shall be comprised of four members. However, teams of three members will be allowed to participate. A three-person team must understand they will be competing at a disadvantage. A three-person team entering competition automatically will start with a 30-point disadvantage from Phase I questions. One or more alternates may be listed on the entry form. Alternates may compete on the team only in extreme cases where approved by the Dairy Bowl Coordinator. If a team proceeds to National competition, and one member is unable to compete, one alternate so designated before the State Convention may replace one team member. If more than one team member is unable to compete, the second place team shall have the opportunity to compete. The same rule shall apply to the second place team. In no event shall a team placing lower than third proceed to National Competition. If no alternate has been designated, the second place team will automatically have the opportunity to compete.
Pennsylvania Junior Holstein strongly urges each team to have four members for state competition.
- 4) Team members must be a member of the Pennsylvania Junior Holstein Association and a National Junior Member of the Holstein Association USA, Inc.
- 5) Teams will be seeded by a test given on Friday, February 6, 2026. We will use the following procedures:
 - A. Each team member will answer a 20 question written exam.
 - B. The team's total score from the written exam will be used to seed the team.
 - C. Scores from the written exam will be used to seed the team. They will not carry over to the team competition.
- 6) The main question sources will be from *Hoard's Dairyman*. Additional questions will come from *Pennsylvania Holstein Profiles*, Information section of the *Red Book*, *Dairy Herd Management*, *Progress of the Breed*, Purebred Dairy Cattle Association Score Card, Holstein Pedigree Information, Holstein Classification Information, Holstein Pulse, Holstein Foundation Workbooks, 4-H Veterinary Science Project Books, *Farmshine*, and Extension Dairy Publications. Also check the following web sites: www.holsteinfoundation.org, www.holsteinusa.com, www.dairyinfo.com Practice questions from the Holstein Foundation website and Hoard's Dairyman Youth quizzes may be used as well. There will also be general knowledge dairy questions included.
- 7) Questions will cover feeds and feeding, milk quality, herd health, udder health, breeding and genetics, marketing, dairy foods, calf raising and the Holstein breed. Although questions may come from a variety of sources, most questions will come from the sources listed in number 6 above.
- 8) All teams must designate a team captain and a coach.
- 9) There is an entry fee of \$20.00 per team that must accompany the entry form. These funds will be used to help with expense for the teams representing Pennsylvania at the National Dairy Bowl Contest
- 10) Entry forms and fees must be received by the Pennsylvania Holstein Association

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Postmarked no later than January 1, 2026.